

Nada International School Newsletter



JANUARY & FEBRUARY 2025

A MESSAGE FROM THE EXECUTIVE PRINCIPAL

Dear NIS Community,

January has been a month filled with learning, growth and exciting events at Nada International School. From celebrating our outstanding Cambridge achievers to watching our students shine in public speaking and sports competitions, our school continues to thrive. As we step into February, we look forward to the End of Term 2 Exams, engaging field trips and even more opportunities for students to showcase their talents.

In this edition, you'll find highlights from our Parent-Teacher Conference, details on Book Week and Public Speaking competitions and heartwarming stories of NIS alumni returning home. We are also excited to share news about the Plant Legacy Project, promoting sustainability among our young learners.

Let's continue this journey together, inspiring excellence in every student!

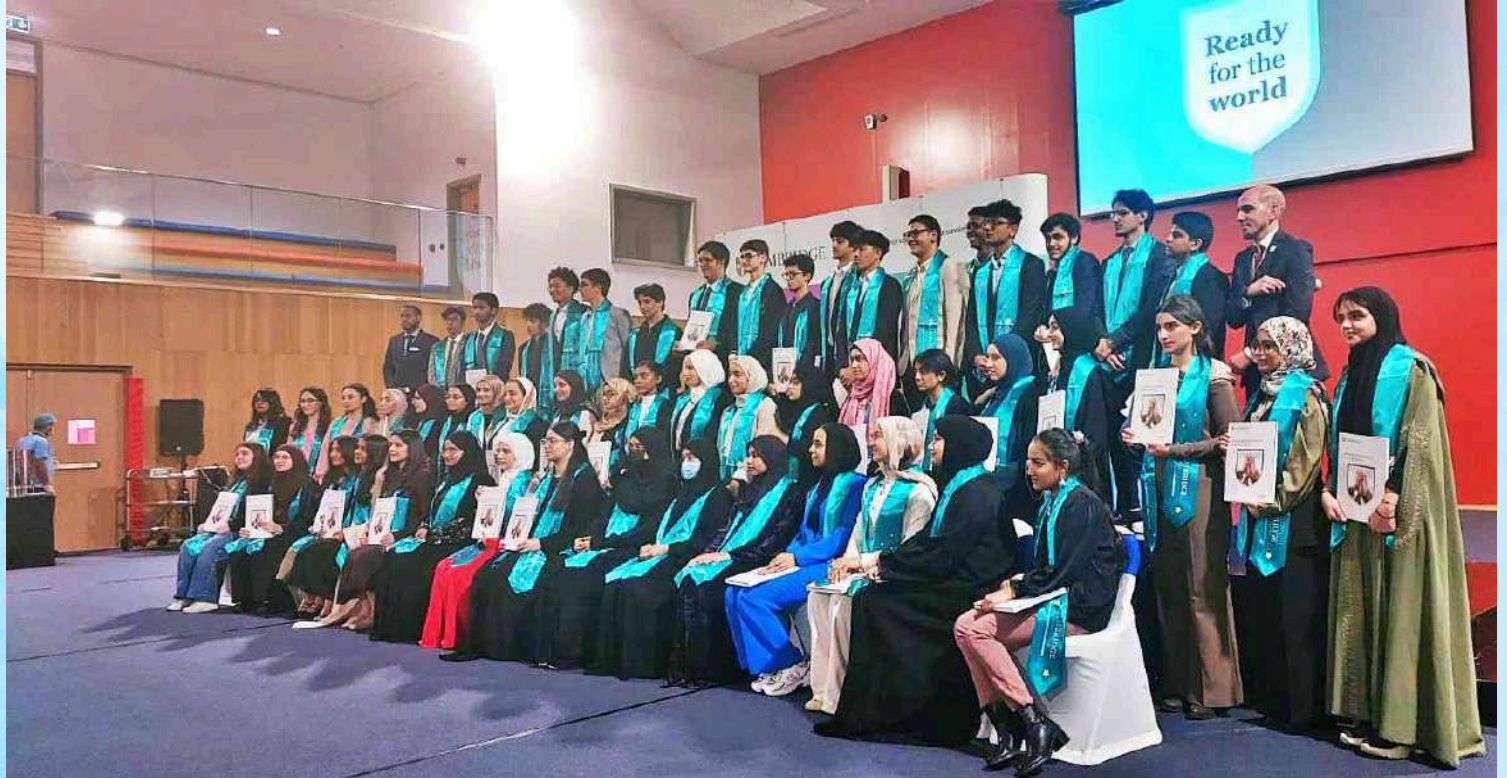
Warm regards,

Mohammad Wajeih
Executive Principal



Academic Excellence & Learning Adventures

This month, we proudly recognize four of our students who were honored as Cambridge Outstanding Learners—an incredible achievement that highlights their dedication and hard work. We also celebrate our Student of the Month, recognizing the top achievers with the most Dojo points!



Meanwhile, our younger students embarked on thrilling educational journeys, with KG and Primary students visiting a strawberry farm! They explored nature, picked fresh strawberries and even interacted with farm animals, creating lifelong memories.

Sports & Fitness Highlights

The energy was high this month as NIS students took on exciting challenges in the world of sports! Our Girls' Baseball Competition brought out fierce determination and teamwork, while the much-anticipated Staff vs. Students Soccer Match saw both sides battling it out in a fun-filled game. Primary Sports Day was another standout event, with students showcasing their agility, teamwork and love for movement.

Celebrating Culture & Tradition

This January, the NIS Health and Safety Committee connected students to their cultural roots through a special Dates and Milk Initiative, coinciding with the Al Hasa Dates Festival. Students were greeted with this nutritious snack at the school gates, reinforcing the health benefits of this traditional pairing.

Additionally, our Health and Safety Committee hosted a Dental Health Workshop in collaboration with Glory Medical Complex, where Grades 1-3 students learned the importance of oral hygiene through interactive sessions. Read inside for more insights on these fantastic initiatives promoting culture, health and well-being at NIS!



The Power of Words – Public Speaking & Book Week

This month, language and literacy took center stage as our students confidently stepped into the spotlight during the Public Speaking Competition. With poise and passion, our primary students delivered speeches that captivated audiences, making it an unforgettable event.



Meanwhile, our Annual Book Week brought stories to life! With a special focus on author Oliver Jeffers, students explored his magical tales while embracing the theme "How We Can Make the World a Better Place." Activities included mystery reading, character dress-up and a story-writing competition.

Want to relive the magic? Flip through this edition for a full breakdown of our literary adventures!

Student Leadership & Global Awareness

Our students have been engaging in meaningful discussions on global issues through their participation in Model United Nations (MUN) at Al-Anjal School. This experience allowed them to develop diplomacy, research and problem-solving skills while representing NIS on an international stage.



Back at school, the Plant Legacy Project is shaping future environmental leaders as students take part in tree planting, gardening and sustainability initiatives. We also had a special moment this month as NIS Alumni Returned Home to Visit, sharing their experiences and memories with current students. Their journey serves as an inspiration for our students as they look toward the future.

Also find inside:

- ✓ End of Term 2 Schedule
- ✓ Term 3 Calendar for Parents
- ✓ Fire Drill Safety Measures
- ✓ Bring Your Own Device (BYOD) Guidelines
- ✓ MathWatch User Guide

Stay tuned for all these updates and more as we continue another exciting chapter at Nada International School!

Congratulations

to our Outstanding Achievers





Model United Nations (MUN) – Shaping Future Leaders

A group of our senior students participated in the ANJMUN (Anjal School Model United Nations) on Friday, 17th January, and Saturday, 18th January. Over the course of two days, they engaged in six rigorous debating sessions, showcasing their diplomatic skills and critical thinking abilities.

Model United Nations (MUN) is an academic simulation of the United Nations, where students act as diplomats, representing countries in key UN committees like the General Assembly (GA), Security Council (SC) and DISEC, etc. Through extensive debate covering two days or more, delegates tackle global issues, draft resolutions and negotiate policies, enhancing their public speaking, critical thinking and leadership skills. MUN provides a valuable platform for students to develop diplomacy, teamwork and a deeper understanding of international relations, preparing them to be the changemakers of tomorrow.





From submitting position papers and delivering opening speeches to participating in moderated and unmoderated caucuses, drafting resolutions and much more, our students demonstrated exceptional dedication and enthusiasm.



The event provided an incredible platform for them to research, debate, collaborate, convince and discuss complex global issues, all while adhering to formal diplomatic protocols. The first step in becoming the global leaders of tomorrow!





Extra-curricular Activities Session 2

We are delighted to share that Activities Session 2 kicked off last week, offering students an enriching lineup of experiences designed to spark creativity, build teamwork, and develop essential skills. With a diverse range of activities, there's something for everyone to explore and enjoy!

Here's what's happening in Session 2

- Quran Recitation
Enhancing spiritual connection and recitation skills
- Origami
Exploring the art of paper folding and creativity
- Russian Language
Introducing a new linguistic adventure
- Table Tennis (Girls & Boys)
Boosting reflexes and coordination
- Art & Craft
Encouraging artistic expression and hands-on creativity
- Soccer
Building teamwork and athletic skills
- Archery
Developing focus, precision, and discipline
- Basketball (Girls & Boys)
Strengthening teamwork and sportsmanship
- Robotics Club
Innovating with technology and programming
- Volleyball (Boys)
Enhancing agility and strategic play
- Dodgeball
Promoting fitness, agility, and fun competition
- Badminton
Improving reflexes, strategy, and endurance

With such a dynamic selection, our students are discovering new passions, honing valuable skills, and forming lifelong friendships. We are excited to witness their progress and achievements throughout this session!

Stay tuned for more updates as we continue to create inspiring learning experiences!

PRIMARY PUBLIC SPEAKING FINALE



Primary students, brimming with excitement and nerves, stepped in front of an audience to showcase their oratory skills in the school's Public Speaking Competition.

The competition provided a platform for young voices to be heard, fostering confidence, communication skills and a love for language .

Congratulations to the winners of the public speaking competition! Your hard work and dedication truly shone through.



Grade	Student Name	
1B	Syed Muhammed Qasim	Winner
1G	Talia Najeeb Yousef Jeriess	2nd pos
1B	Muhammed Naufil Ammer	3rd Pos
1G	Khulood Ahmed Albutayshi	4th pos
2BA	Muhammad Shahzar	Winner
2G	Amaal Aysha Ashik Poyilil	2nd pos
2BA	Taym Walaa Abou Rafeh	3rd Pos
2G	Salma Omar Mohamed Abdelmaksoud	4th pos
2BB	Ali Badeya A Ali Al Abdreda	5th Pos
2BB	Hamdan Mahmoud Al Quraini	6th Pos
3B	Moaaz bin Umer	Winner
3G	Zara Assad	2nd pos
3B	Muhammad Raed Abdullah Malik	3rd Pos
3G	Dania Elnazeer Ali Mohamed Ali Salim	4th pos



PRIMARY FIELD TRIP



Our visit to the Strawberry Farm was a delightful experience! Surrounded by lush greenery and rows of vibrant red strawberries, the farm offered a perfect mix of education and fun. It was a day filled with excitement, fresh air, and sweet treats, leaving everyone with wonderful memories of this fruitful adventure!



PRIMARY BOOK WEEK



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PRIMARY BOOK WEEK

WINNERS





PRIMARY TUG O WAR COMPETITION



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Things you need to know about HPMV (Human Metapneumovirus)

1 What is (HMPV)?

HMPV is a virus that usually causes symptoms similar to a cold. You might cough or wheeze, have a runny nose or a sore throat. Most cases are mild, but young children, adults over 65 and people with weakened immune systems are at a higher risk for serious illness.

2 What are the symptoms of HPMV?

Symptoms of Human Metapneumovirus



Runny or stuffy nose.



Cough.



Shortness of breath.



Sore throat.



Wheezing.



Fever.



Rash.

3 How is HPMV transmitted?

HMPV spreads through direct contact with someone who has it or from touching things contaminated with the virus.

For instance:

- Coughing and sneezing.
- Shaking hands, hugging or kissing.
- Touching surfaces or objects like phones, door handles, keyboards or toys.

4 Prevention

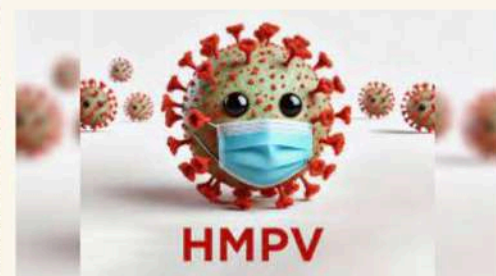
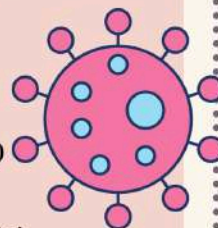
You can reduce your risk of getting HMPV by:

- Washing your hands often with soap and water or sanitizer.
- Cover your nose and mouth with your elbow, when you sneeze or cough.
- Avoid being around other people when you or they are sick with a cold or other contagious diseases.
- Consider wearing a mask if you're sick.
- Avoid touching your face, eyes, nose and mouth.
- Don't share food or eating utensils (forks, spoons, cups) with others.

5 What are the complications of HMPV?

Sometimes HMPV causes complications. These might be serious and require you to be hospitalized. They include:

- Bronchiolitis.
- Bronchitis.
- Pneumonia.
- Asthma or COPD flare-ups.
- Ear infection (otitis media).



6 How do I take care of myself?

You can manage mild, cold-like symptoms of HMPV at home by:

- Drinking lots of fluids to prevent dehydration
- Getting plenty of rest.
- Taking medications prescribed by the doctor.

Support classes

Primary Support

We are excited to announce the launch of Primary Support Classes in Week 3! These classes are designed to help students improve their skills in English and Math, providing them with the support they need to excel.

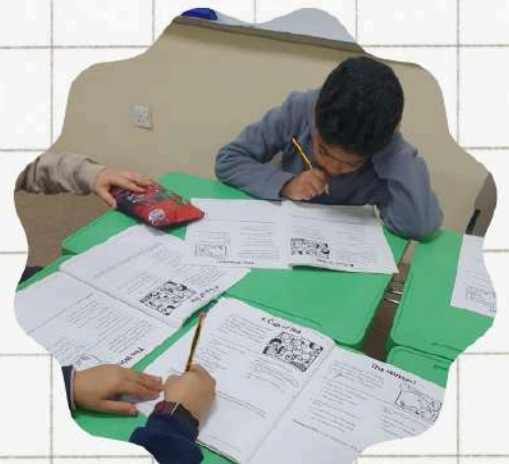


A+

In addition to group classes, we also offer one-to-one support for students who may benefit from personalized attention. These sessions are tailored to address individual needs, ensuring each student receives the guidance necessary to thrive.

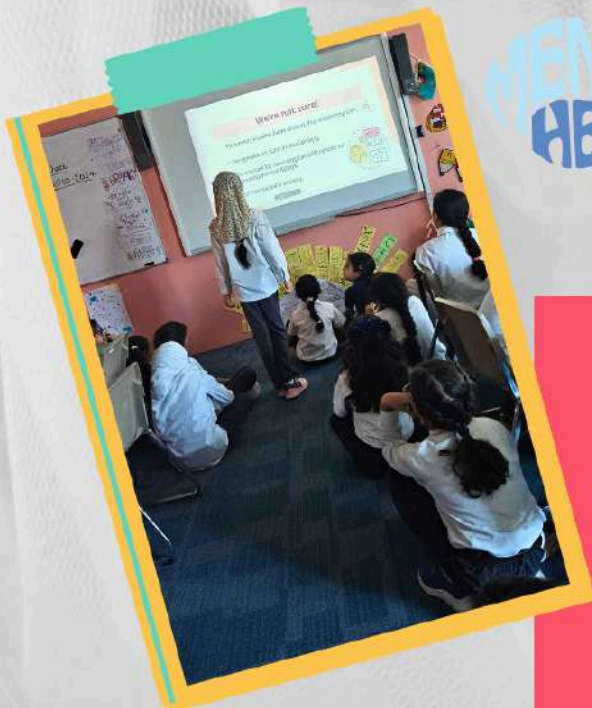


Make Yourself Proud.



Mental Health Awareness Week

During Mental Health Awareness Week, all students participated in a series of activities organized by the Student Support Services and Health and Safety Committees to raise awareness about mental health issues, reduce stigma, and promote well-being.



MENTAL
HEALTH



PRESENTATIONS

During that week, students watched specially prepared PowerPoint presentations during form time. The presentations were tailored to different age groups.

ART COMPETITION

To further engage students, an Art Competition was held for Grades 1-10 under the theme "Express Your Mind Through Art."



REFLECTION ACTIVITY

For Grades 11 and 12, a reflective activity allowed students to share their feelings and challenges through a Reflection Jar. The notes will be collected and reviewed confidentially by a psychologist, who will identify key themes and provide recommendations to school leadership to support students' mental health.

**MENTAL
HEALTH
IS THE
PRIORITY**



Mental Health Art Competition



We are excited to announce the winners of the Mental Health Art Competition held during Mental Health Awareness Week. The competition encouraged students to express their thoughts on mental health through artwork, and we are proud of the creativity shown.

PRIMARY SCHOOL

FIRST PLACE

Talia Najeeb - Grade 1

SECOND PLACE

Zara Assad - Grade 3
Malek Mohamed - Grade 2A

THIRD PLACE

Yara Omar - Grade 3



GIRLS SECTION

FIRST PLACE

Yasmin Ali - Grade 7

SECOND PLACE

Rawen Ben Taous - Grade 5

Muqadas Abbasi - Grade 6

THIRD PLACE

Hala Mohamed - Grade 4
Asma Mohammed - Grade 4



well
done!

BOYS SECTION

FIRST PLACE

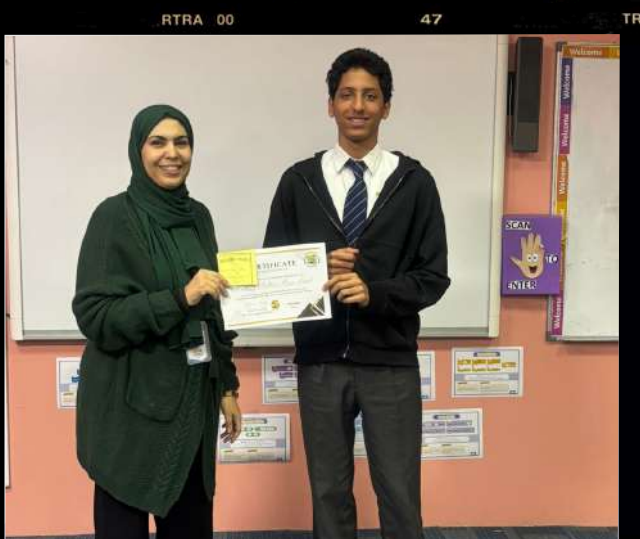
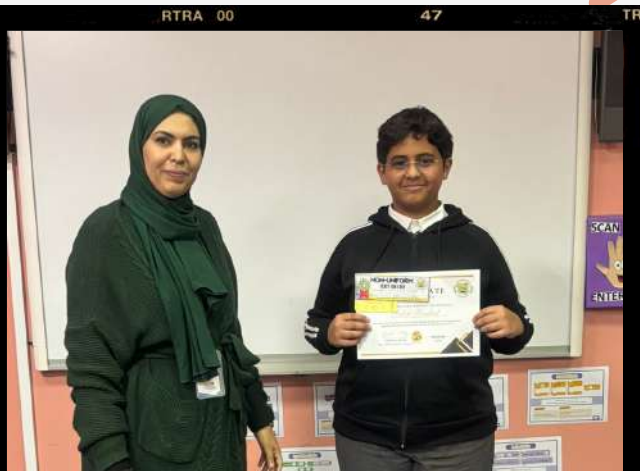
Saleh Rashed - Grade 10

SECOND PLACE

H.H.P Sultan Bin Saud - Grade 10

THIRD PLACE

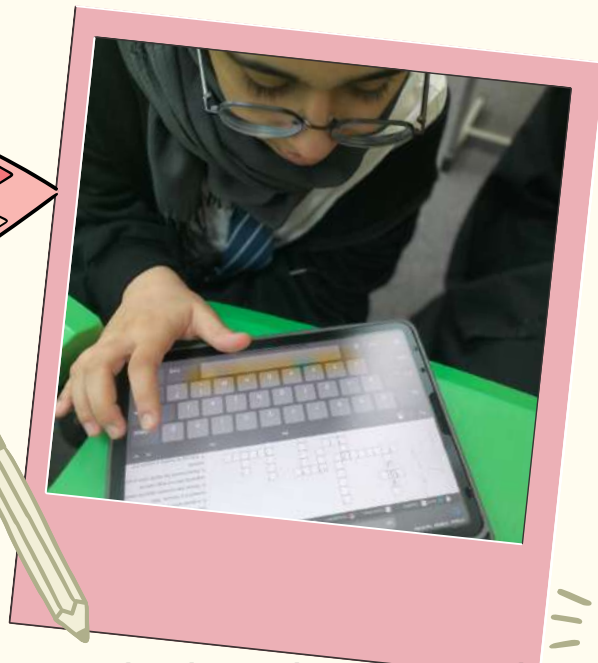
Naser Husain - Grade 7



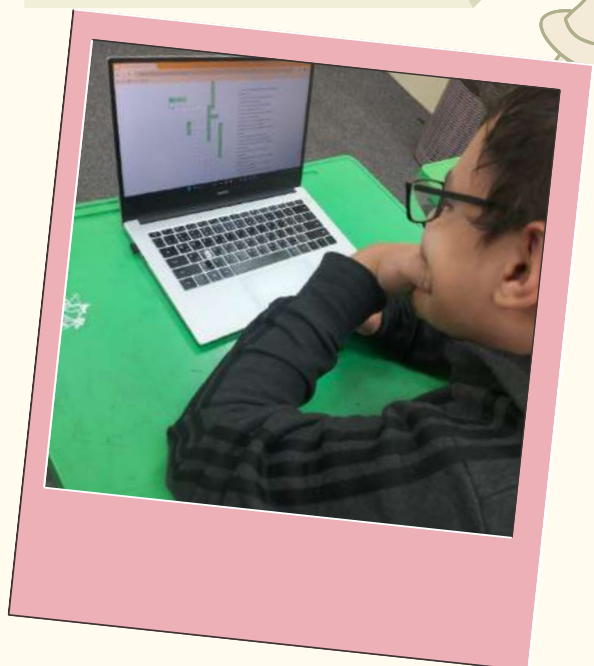
Congratulations!



Unlock Your Learning: Bring Your Own Device!



Let's make learning fun and interactive together! Don't forget to charge your devices and bring them in! 🖱️🎉



BYOD

Bring Your Own Device (BYOD) to school and unlock a world of learning! 💻✨ Using your devices in ICT class helps you explore new ideas, collaborate with friends, and enhance your skills. ➡️📱🤝

Spotlight on Success! 🌟

We're excited to shine a light on one of our dedicated students, Ahmad Ashraf from Grade 7! 🎉 Ahmad has taken full advantage of the new courses available on Classera and has impressively completed more than two certificates! 🏆

His commitment to enhancing his skills and expanding his knowledge is truly inspiring.



Congratulations to all participants for representing our school with enthusiasm and commitment! 🎉 Keep up the great work and continue to explore the exciting world of cybersecurity! 🔍




Spotlight on Success!

Become an Internet Safety
Champion!  

We recently launched an exciting initiative to empower our students as Internet Safety Champions!

Students were encouraged to explore an informative PowerPoint presentation that covered essential tips for protecting themselves online and navigating the digital world responsibly. With engaging content and interactive elements, learners had the chance to enhance their knowledge and take a short quiz at the end. Those who scored 100% on the quiz earned a certificate and a Golden Ticket, recognizing their commitment to being responsible digital citizens.

We're proud of our students for taking this important step toward online safety! 



Reading
is
Magic



WHY IS READING SO IMPORTANT?

EXPANDS YOUR
VOCABULARY

DEVELOPS
YOUR MIND

REDUCES
STRESS

ENHANCES
THINKING

FOSTERS
EMPATHY

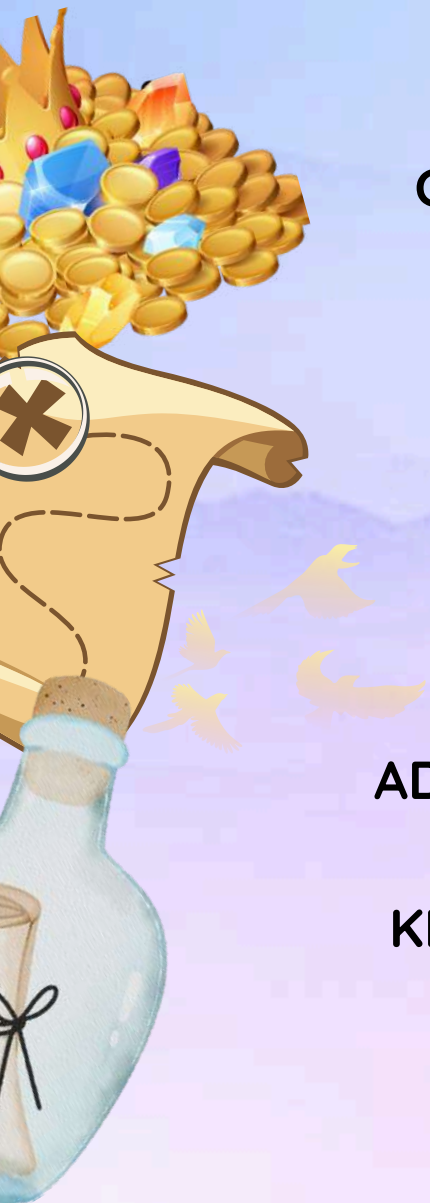
SPARKS
CREATIVITY



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KINAN GHASSAN ABDELAZIM SALAH
RYAN SAMEH AZZAM HASHEM



PUBLIC SPEAKING

RECENTLY, THE ENGLISH DEPARTMENT HELD ITS ANNUAL
PUBLIC SPEAKING COMPETITION.

THE ANNUAL COMPETITION PROVIDES STUDENTS WITH A
PLATFORM TO:

- LEARN HOW TO PLAN A SPEECH
- MAINTAIN CONFIDENCE
- CONNECT WITH THE AUDIENCE
- AND MUCH MORE!





Dental Health Workshop

The Health and Safety Committee was delighted to host an engaging workshop on dental health, presented by dentists and dental care professionals from Glory Medical Complex. The interactive session, tailored for students in Grades 1-3, emphasized the importance of maintaining a proper dental care routine. Through hands-on activities and demonstrations, our young learners gained valuable insights into oral hygiene, ensuring they left with a deeper understanding of how to keep their smiles healthy and bright.



Dental Health

in 5 Steps



1

**Brush your teeth
twice a day**



2

Floss daily



3

**Limit sugary and
acidic foods and drinks**



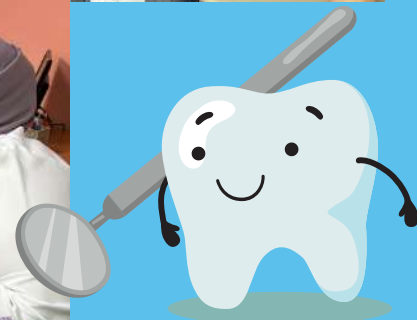
4

**Visit your dentist
regularly**



5

**Wear a mouthguard
during sports**



Nourish and Energize with Dates & Milk



As the Dates Festival unfolds in Al Hasa, the Health and Safety Committee seized the opportunity to strengthen students' connection to their cultural heritage. Dates, a cornerstone of Saudi Arabia's national crops, hold immense cultural and nutritional significance. To celebrate this, the committee organized a special initiative to remind students of the health benefits of dates and milk—a traditional and wholesome combination.

Early in the morning, committee members welcomed students at the school gate, offering them a healthy snack of dates and milk to kick-start their day with an energy boost. This gesture not only highlighted the importance of embracing cultural traditions but also promoted healthy eating habits among our students.



BENEFITS OF DATES

FOR BODY HEALTH

Improve
brain ability

Maintain skin
health

Control blood
pressure

Prevent colon
cancer

Strengthen
bones



Why Milk is Important

- **Key nutritional benefits:** rich in calcium, protein, vitamins, and minerals.
- **Role of milk in supporting bone health and growth.**





MathsWatch

PARENTS AND STUDENTS USER GUIDE

MathsWatch is an online resource giving you access to various tools to help towards achieving your full potential at Mathematics.

With MathsWatch, you can now access video tutorials which explain topics just like a teacher would at the board. You can independently practise real exam-style questions (GCSE, KS3 and Primary only) with instant feedback on your performance. Finally, you can also complete assignments set by your teacher with instant feedback provided to both you and your teacher.

First things first, let's log in

Please navigate to vle.mathswatch.co.uk using your preferred browser (we do recommend Google Chrome but IE, Safari and others should work just as well). You will be presented with this login page:

Use the login details given by your teacher.




Sign In

Username

Password

[Forgot Password?](#) [View Demo](#) [Sign In](#)

Or sign in with...

Wonde Google Microsoft



Assigned tasks

After a successful log in, you are always presented with your “My Work” section.

"Mathematical Notations" is due in 1 day. [click here to complete](#)

Please check your assignments below, you have 1 unread message

Assigned Work

[This Year's Work](#) [All Work](#) Showing All Types ▾

Homework Average: 97.3% Test Average:

Title	Type	Assigned	Due	Marks	%
Reading Scales	HW	29/09/2017	06/10/2017		
Mathematical Notations	TEST	25/09/2017	05/10/2017		
Ordering Numbers	HW	22/09/2017	29/09/2017	24/26	92%
Place Value	HW	15/09/2017	22/09/2017	11/11	100%
Pythagoras	HW	26/07/2017	09/09/2017	34/34	100%

Homeworks can be attempted as many times as you like until the due date. Your teacher will have access to your score at the end of each attempt. To help you with the completion of the task, the video explaining the topic will always be available to play just beneath the questions.

Reading Scales

[Return to Assigned Work](#)

Overview 1 2 3 4 5 6

Question Progress: Homework Progress:

What numbers are the arrows pointing to?

a)

b)

c)

a) b) c)

[Submit Answers](#)

Clip 4

READING SCALES

02:38

Reading Scales

Your teacher might want to give you some advice on how to tackle this assignment.

Their comments will appear here.

Working independently

The “Videos” section gives access to lessons covering your curriculum.

Clip 1 Place Value

One Minute Maths Interactive Questions Worksheet

Clip 1

PLACE VALUE

Find a Clip

Qualification GCSE

Tier All

Grade All

Topic All

Search

Choose Clip (245)

Clip	Title
1	Place Value
2	Ordering Integers
3	Ordering Decimals
4	Reading Scales
5	Simple Mathematical Notation
6a	Real-Life Tables - Time
6b	Real-Life Tables - Timetables and Distance Tab
7	Introduction to Algebraic Conventions
8	Coordinates

You also get access to a **bank of interactive questions** allowing you to test your newly acquired skills with real exam-type questions. With immediate feedback and the ability to even mark your working when needed, our system is the only one of its kind. You will get a realistic experience of what answering all types of exam questions is really like.

Finally, you also have a **PDF worksheet full of practice questions available**.



Keeping track

The “My Progress” section will help you stay in control of your progress and achievements.



Topics Watched



Questions Answered



Acquired Skills



Mastered Skills

Search By Video Name		Qualification	Tier	Grade	Topic	Time Period	
<input type="text" value="Search Videos"/>		<input type="text" value="GCSE"/>	<input type="text" value="All"/>	<input type="text" value="All"/>	<input type="text" value="All"/>	<input type="text" value="All"/>	
#	Skill	Video	Last Watched	Views	OMM	Interactive Questions	Last Attempted
1	★	Place Value	9:15 11/9/2018	1	0	29 / 29	21:02 11/9/2018
2	★	Ordering Integers		0	1	11 / 11	21:14 11/9/2018
3	★	Ordering Decimals	18:07 12/9/2018	1	0	20 / 20	15:50 13/9/2018
4	★	Reading Scales	17:41 10/9/2018	1	0	17 / 17	16:09 13/9/2018
5	✓	Simple Mathematical Notation	15:53 13/9/2018	1	0	20/25	16:17 13/9/2018
6a	★	Real-Life Tables - Time	16:50 13/9/2018	1	0	23 / 23	16:58 13/9/2018
6b	★	Real-Life Tables - Timetables and Distance Tables	18:40 13/9/2018	1	0	19 / 19	18:50 13/9/2018
7	★	Introduction to Algebraic Conventions		0	0	17 / 17	18:55 13/9/2018

FAQ

I've forgotten my password, can you email it to me please?

Please contact your teacher. They will be able to reset it for you.

Is there an App I can download on my phone/tablet?

MathsWatch is a fully responsive platform, no need for an App to use it on any SMART device. Instead, just navigate to vle.mathswatch.com using your preferred browser and enter your user details just like you would on a PC/Laptop . The website adapts to any screen size so it looks consistently good on mobiles, tablets and desktops. For quick access, you can add a MathsWatch icon linking straight to the login page from your homescreen. Here is how to do it on iOS devices with Safari: A similar option is available for Android devices.



KG Field Trip



Our KG students recently enjoyed a fun-filled trip to the strawberry farm, where they learned about farming and picked fresh strawberries. The visit also included an interactive session with farm animals, providing a hands-on experience with nature and wildlife.

This adventure was a wonderful opportunity for students to connect with the environment and gain valuable insights into agriculture and animal care. A day to remember for all





Plant Legacy : Nurturing a Greener Future

The Plant Legacy Project in KG and Primary has successfully inspired the next generation to become environmental stewards. Through hands-on activities such as tree planting, gardening, and exploring ecosystems, students gained valuable knowledge about the essential role plants play in our world. The project empowered children with a deeper understanding of sustainability and the importance of protecting nature.





Book Week

Reading is Magic

SUPER!

What is Book Week ?

Since 1919, National Children's Book Week has been dedicated to encourage young readers to enjoy books. During this week, schools and libraries across the nation will celebrate this by participating in book-related events and activities. Get your students involved in this time-honored tradition by creating fun, educational activities. During this week student's did last of activities, mystery reading and character dress up.



Ace Your Exams

Tips for Successful Exam Preparation



It's that time of year again! Term exams are just around the corner, and it's time to start studying. While the thought of cramming for a big test can be overwhelming, there are steps you can take to make the process more manageable and effective. In this infographic, we'll explore some simple strategies for successful exam preparation, so you can feel confident and prepared on test day.

Start early:

Don't wait until the last minute to start studying! Begin reviewing material at least a week in advance, and plan out your study schedule to make sure you have enough time to cover everything you need to know.

1

2

Review your notes:

Go back through your class notes, textbook, and any other materials you have. Pay special attention to any concepts or topics that you struggled with or that the teacher emphasized.



Practice problems:

Working through practice problems and sample questions is a great way to test your understanding and identify any areas where you need to review further.

3

4

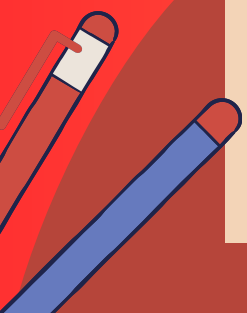
Get a study group together:

Studying with others can be a helpful way to review and reinforce your learning. Find a group of classmates who are also preparing for the exam, and work together to review key concepts and practice problems.

Take breaks:

Don't try to study for hours without taking a break. Give yourself time to rest and recharge by taking short breaks every hour or so. This will help you stay focused and avoid burnout.

5



Ensuring Safe & Clean Drinking Water at NIS

At Nada International School, the health and well-being of our students are always a top priority. As part of our continuous commitment to safeguarding and student welfare, we recently conducted a comprehensive water quality inspection across all drinking water sources within the school. We are pleased to share that the results confirm that our drinking water is safe, clean, and of excellent quality!

Key Findings from the Water Quality Report:

- ✓ **Bacteria-Free** – All samples tested showed zero coliform bacteria, ensuring that the water is free from harmful contaminants.
- ✓ **Perfect Balance** – The pH levels of the water are within the safe range, making it ideal for drinking.
- ✓ **Clear & Clean** – The water is free from suspended particles, ensuring a fresh and clear supply.
- ✓ **Soft & Tasty** – The low water hardness means it is gentle on health while maintaining essential minerals.
- ✓ **Properly Disinfected** – Chlorine levels are well within safe limits, keeping the water hygienic without any strong taste or odor.

These excellent results reinforce our commitment to maintaining high health and safety standards for all students and staff. We will continue to monitor and test our water supply regularly to ensure it remains at the highest quality. At NIS, we strive to provide a safe, healthy, and nurturing learning environment—because every detail matters when it comes to our children's well-being.

Thank you for your continued trust and support.

Best regards,

Nada International School